

Hygiene Policy

It is vitally important to prevent the spread of germs and illnesses. I use the following procedures and ensure that they are strictly adhered to.

- Children must wash their hands after going to the toilet, after coughing, sneezing or blowing their nose, playing outside or touching animals. They must also wash their hands before eating any meals or snacks. I display a hand-washing poster in my washroom.
- I help children to wash and dry their hands correctly and regularly talk to them about why it is important to prevent the spread of germs and infection.
- I provide liquid soap and paper towels via a dispenser in the washroom to enable children, staff and visitors to wash and dry their hands.
- I will help children to wipe and blow their noses when they have colds and teach them the importance of throwing away dirty tissues to prevent the spread of germs. I will also encourage them to cover their mouths when they cough, and to wash their hands immediately.
- I use a designated area to change nappies. As well as for hygiene purposes, this also respects the privacy of the child being changed. I use disposable gloves when changing nappies. I disinfect my changing mat after each use with antibacterial wipes. Nappies are wrapped and disposed of in the bin outdoors immediately.
- Potties are emptied immediately after use down the toilet. Potties and trainer seats are thoroughly cleaned after each use with antibacterial wipes.
- I follow strict hygiene routines in my kitchen, ensuring my fridge is at the correct temperature and that food is stored correctly in it.
- Toys are cleaned and maintained regularly. I use antibacterial wipes or antibacterial spray and disposable paper towels to clean equipment and toys. Material or fabric items such as blankets are washed weekly in the washing machine.
- I request that children who are unwell are kept at home. Children must not attend my setting if they are displaying symptoms of a possible communicable disease, contagious condition or have been suffering from a fever, sickness or diarrhoea within the last 48 hours.
- I provide all parents with information regarding my procedures on hygiene, infection control, illness and food safety.

In order for me to carry out these procedures effectively I will need you to provide me with enough resources, for example nappies, labelled cream and spare clothes. I also request that you let me know if your child is feeling or has been unwell.

If you have any concerns regarding my hygiene procedures, please do not hesitate to discuss them with me.